

## CHERRYLL SEVY ► WRITER, ENTREPRENEUR, SPEAKER



Cherryll Sevy enjoyed a long professional career in Silicon Valley working with companies to help them grow and thrive during periods of growth and change.

A lifelong learner, she's explored the world of "life after corporate", women in transition, and how to create vibrant lives in midlife.

She designs and delivers entertaining and informative workshops and programs for women in midlife.

In her midlife explorations, Cherryll started running half marathons, plays tennis, and has taken comedy improv classes, and starting a new business. She lives in Northern California with her husband and enjoys her two grown sons.

Cherryll brings a unique life perspective, coupled with humor and lessons learned. Audiences leave with energy and inspiration to live their best life.

*Let's create a fabulous  
"rest and best" second half of life  
for ourselves.*

### ***If Your Audiences...***

...are going through a major life transition and don't know what's next for them

...have a good life, yet crave more meaning and renewed sense of excitement for themselves

...want to re-discover who they are at this time of life

***Then you need*** Cherryll to inspire and guide your audience with her life learnings, humor, compassion and a game plan to live forward with excitement, renewed passion and joy!

### **PRESENTATIONS ► WORKSHOPS ► EVENTS**

#### **9 Facets—Polish Your More Brilliant Life**

*Identify forgotten parts of yourself and unleash more energy and passion to create a life you love.*

#### **Live Forward Beyond 40—If Not Now, When?**

*Overcome 3 Obstacles to Reach Your "Soul Goal"*

#### **Lacing Up at 60! How a Half Marathon Changed My Life!**

*3 Life Lessons I Learned Running 13.1 Miles*

Contact Cherryll today to learn more about how she can inspire your group to **LIVE FORWARD.**

**Email:** [cherryll@cherryllsevy.com](mailto:cherryll@cherryllsevy.com)

**Phone:** 408.203.3845

**Website:** [www.cherryllsevy.com](http://www.cherryllsevy.com)